

## Cooking For Caregivers

Recipe For June 8, 2018

### Grilled Beets



#### Ingredients:

6-8 Beets washed, peeled, and cut into large chunks (From the Market)

¼ cup Olive Oil

Salt to taste

1 Chunk of Bit O' Blue,

Charcoal or Gas Grill

1-2 Tbsps. of Balsamic Vinegar

#### Instructions:

Fire up the grill. Drizzle Beets with Olive Oil, sprinkle with salt. Place Beets on the hot grill, cook until tender. (not soft/mushy but fork tender) Remove to serving platter and add small pieces Bit O' Blue Cheese, drizzle Balsamic Vinegar. Serve and **ENJOY!**